

## CATERING ORDERS

Comes with French Fries, Hushpuppies  
and Homemade Tarter Sauce

### **Catfish Packs**

**Six - \$28.95**

**Twelve - \$57.84**

**Twenty - \$92.00**

### **Shrimp Packs**

**Twelve - \$24.95**

**Twenty - \$36.95**

### **Chicken Tender Packs**

**Twelve - \$21.85**

**Twenty - \$34.45**



# SCALES CAFÉ

**8130 Macon Station Rd., Suite 106**  
*near the Tall U.S. Flag Pole at Germantown Rd. and Macon*  
**Cordova, TN 38018**  
**(901) 751-8800**



# SCALES CAFÉ

**farm raised**  
**CATFISH**  
**& whole food**  
**SMOOTHIES**

**Hours:**

**Monday thru Thursday - 11:00 AM - 8:00 PM**  
**Friday and Saturday - 11:00 AM - 9:00 PM**  
**Sunday - 11:00 AM - 5:00 PM**

# APPETIZERS

## **Breaded Dill Pickles**

**\$6.95**

Hand Breaded Dill Pickle Spears Deep Fried, served with Ranch Dressing

## **Hand Breaded Catfish Nugget Basket Small \$7.50 Large \$9.25**

Catfish Nugget, Dusted in Seasoned Cornmeal and Deep Fried Golden Brown

## **Bang Bang Shrimp**

**\$7.95**

Hand Breaded "Baby" Shrimp Deep Fried and tossed in a Creamy "With a Bang" Chipotle Sauce



# SALADS

Ranch, Fat Free Ranch, Thousand Island, Blue Cheese, Italian and Honey Mustard

## **Grilled Chicken Salad**

**\$7.25**

Grilled Chicken, Fresh Spring Mix Cut Green Leaf, tossed with carrots and tomato, and garnished with Provolone, Cheddar Cheese and Banana Peppers

## **Fried Chicken Salad**

**\$7.50**

Fried Chicken, served on bed of Fresh Spring Mix Cut Green Leaf, tossed with carrots and tomato, and garnished with Provolone, Cheddar Cheese and Banana Peppers

## **Fried Catfish Salad**

**\$7.89**

Fried Catfish, served on Fresh Spring Mix Cut Green Leaf, Cut Carrots and Tomato, and garnished with Provolone, Cheddar Cheese and Banana Peppers

## **Grilled Catfish Salad**

**\$8.89**

Grilled Catfish Fillet, Fresh Spring Mix Cut Green Leaf, tossed with Carrots and Tomato, and garnished with Provolone and Cheddar Cheeses and Banana Peppers.

## **Chef Salad**

**7.25**

Smoked Ham & Turkey, served on Fresh Spring Mix Cut Green Leaf and Cut Carrots, Tomato, and garnished with Provolone, Cheddar Cheese and Banana Peppers

# KIDS MENU

## **Catfish Filet**

**\$6.25**

One Catfish filet served with Fries

## **Chicken Tenders**

**\$5.25**

Two of our famous Chicken Tenders, served with fries.

## **Grilled Cheese**

**\$4.50**

Every kid's favorite! Served with French Fries.

# SOFT DRINKS

**\$1.89**

Coke • Diet Coke • Dr Pepper • Lemonade  
Sprite • Fanta Orange • Tea • Coffee

# BEER

## DOMESTIC

**\$3.25**

Budweiser • Bud Light  
Bud Light Lime • Michelob Ultra

## PREMIUM DOMESTIC

**\$3.50**

LandShark • Yuengling  
Rolling Rock • Fat Tire

## IMPORTED BEER

**\$3.75**

Bass  
Corona • Modelo

## NON-ALCOHOLIC BEER

**\$2.25**

O'Doul's

# SMOOTHIES



**\$4.99**

Make any Smoothie a meal replacement by adding supplements add .75 each

All our famous Smoothies are made from Fresh Fruits and 100% crushed fruit concentrates. They are loaded with vitamins, minerals and antioxidants, fat free, lactose free, with no artificial flavors, preservatives or colors. Unless requested, Vanilla Whey Protein is added to all Smoothies

## Lemon-Ade

Nothing Quenches Thirst better than Sweet and Tangy Lemon-ade. Fresh California Lemons are squeezed to create a refreshing blend.

## Strawberry Classic

Nothing but Crushed California ripe Strawberries for that rich Strawberry flavor.

## Four Berries A'more

The perfect blend of Raspberry, Strawberry, Blackberry and Blue Berries

## Mango Tango

Four Varieties of Mango Tango with Pineapple and Banana to Knock Your Socks Off.

## Peaches and Cream Dream

A Splash of Peach, a Hint of a hint of Apricot, finishing with the clean taste of Pear.

## Hawaiian Pineapple Paradise

Dynamically balanced Pineapple with Banana, blended with Creamy Coconut.

## Acai for Me

(ah-sigh-EE) This combination of Blackberry, Pomegranate and Blueberry is high in Protein, Antioxidants, Fiber and Omegas Six and Nine.

# PERFORMANCE SMOOTHIES

**\$5.25**

## Banana Nut Blast

Soy Milk, Banana, Vanilla, Whey Protein, with all natural Peanut Butter.

## Java Jolt

Soy Milk, Mocha Java, Truly Latte, Vanilla and Whey Protein

## Peanut Butter Cup

Chocolate Soy Milk, Chocolate Whey Protein and all Natural Peanut Butter

# MEAL REPLACEMENT SHAKE

## Peanut Butter Blast

Soy Milk, Banana, Chocolate, Whey Protein, Fiber Blend and all Natural Peanut Butter.

# CATFISH

## Our Signature Dish

Served with French Fries, Cole Slaw, Homemade Hushpuppies and Tarter Sauce

## Catfish Filets

**Small \$10.95**

**Reg. \$12.95**

We use only Fresh "Pride of the Pond" farm raised Catfish selected for mild flavor and superior texture. Dusted in Seasoned Cornmeal and Deep Fried Golden Brown.

## Cajun Fried Catfish

**Small \$11.95**

**Reg. \$13.95**

Our regular Catfish Filets with a Cajun Kick!

## Grilled or Blackened Catfish Filet **\$13.95** add Crawfish Sauce **\$14.95**

Your choice of either Lightly Seasoned Grilled or Blackened and in a Skillet.



# SPAGHETTI

## Homemade Turkey Spaghetti

**\$7.89** as a side **\$2.99**

A Heaping Plate of Spaghetti made with Ground Turkey, our Tomato Sauce. Served with Hushpuppies.

# COMBO BASKETS

All our baskets are served with French Fries, Hushpuppies and Homemade Tarter Sauce.

## Two Catfish Filets and Four Chicken Strips

**\$13.95**

## Two Catfish Filets, Four Chicken Strips and Four Hand Breaded Shrimp

**\$15.95**



## SEAFOOD

### **Hand Breaded Butterfly Shrimp** **\$12.95**

Shrimp Dusted in a Light Breading and Deep Fried to Perfection. Served with French Fries, homemade Hushpuppies and Tarter Sauce.

### **Grilled Tilapia** **\$13.95**

Two Delicious Fillets of Tilapia, seasoned, grilled and topped with our delicious Crawfish Mushroom Sauce and served with fresh bread on a bed of Rice.

### **Crawfish Étoufée** **\$12.95**

Crawfish Tails Smothered in a Buttery Blend of Seasoned Onions, Peppers, Celery, Garlic and a delicate Roux to make a delicious Sauce, served with fresh bread over Rice.

## CHICKEN

### **Fried Chicken Tender Dinner** **\$10.95**

Delicious Hand Breaded Chicken Tenders, Served with French fries, hushpuppies and dipping sauce.

### **Grilled Chicken Breast** **\$11.95**

A Lightly Seasoned Butterflied Boneless Breast Grilled to Perfection, and topped with Monterey Jack Cheese, served with your choice of two sides.

## SIDES

<b>French Fries</b>	<b>\$1.50</b>	<b>Turnip Greens</b>	<b>\$2.35</b>
<b>Sweet Potato Fries</b>	<b>\$2.25</b>	<b>Green Beans</b>	<b>\$1.75</b>
<b>Onion Rings</b>	<b>\$2.25</b>	<b>Rice</b>	<b>\$1.75</b>
<b>Fried Okra</b>	<b>\$1.95</b>	<b>Butter Squash</b>	<b>\$2.25</b>
<b>Side Salad</b>	<b>\$2.89</b>	<b>Green Tomato Relish</b>	<b>\$2.75</b>
<b>Cole Slaw</b>	<b>\$1.50</b>	<b>Hushpuppies</b>	<b>\$2.50</b>

## BURGERS

### ★ **Signature Angus Burger** **\$8.45** **with cheese** **\$8.65**

A Half Pound of Angus Ground Chuck served on a Toasted Bun, Topped with Lettuce, Tomato, Pickle and Onion, Dressed with our Homemade Sauce unless Mustard or Mayonnaise is requested Served with French Fries.



## GOURMET SANDWICHES

### **Catfish Po-Boy** **\$8.25**

Served on a Toasted Hoagie and topped with lettuce, tomato and tarter sauce with a crisp pickle.

### **Shrimp Po-Boy** **\$8.50**

Served on a Toasted Hoagie and topped with lettuce, tomato and tarter sauce with a crisp pickle.

### **Grilled Chicken Pita** **\$7.95**

Grilled chicken, served on Pita Bread, topped with, Tomato, Banana Peppers, Greek Cucumber Dressing, Oregano & Provolone Cheese with crisp pickle.

### **Scales' Signature Pita, The "C.C.P."** **\$8.25**

Cajun Catfish Pita, Cajun fried catfish fillet served on Pita Bread topped with lettuce, tomato and our Homemade Sauce unless tarter sauce is requested.